



Marie Sicola/Bullet

Emergency vehicles serving the Fredericksburg Rescue Squad await calls on William Street.

## Rescue Squad Seeks Access

*EMTs unable to enter dorms, must wait for university police to arrive*

By LINDLEY ESTES  
Staff Writer

Last Wednesday, Nov. 10, at a student senate meeting, senators address a safety concern that the Fredericksburg Rescue Squad is not currently given access cards to the University of Mary Washington's residence halls.

According to university police, when an emergency call is received a university police unit is dispatched at the same time

the Fredericksburg 911 center is notified.

Ruth Lovelace, director of emergency management and safety, said that access is never denied to the rescue squad.

"They do have access," Lovelace said. "When the UMW Police or Safety arrive on the scene or Fredericksburg FD assist with response Fredericksburg Rescue Squad has full access."

The Fredericksburg Rescue

Squad plans to hold a meeting on Sunday with their top officials to figure out how to proceed with this issue, according to Debbie Rice, president of the Fredericksburg Fire Squad.

Rice declined to comment until after the meeting takes place.

According to Lovelace, this is a non-issue for either squad.

"This does not seem to be an issue of either UMW or the Fredericksburg Rescue Squad,"

Lovelace said. "Access is never denied for emergency response of any kind."

According to university police, access cards have not been issued for the rescue squad because the police are not sure who would be entering the residence halls.

"Residents should always be concerned with who has access to their 'home' and as administrators we have their trust to

RESCUE, page 2 ▶

## Passwords to Expire, Reset Every 90 Days

By OLIVIA SNIDER  
Staff Writer

In order to improve the security of the University of Mary Washington login systems, the majority of students may find themselves facing a login screen informing them that they are required to change their password upon returning to campus from winter break.

According to Dana German, vice president for information technologies, the University of

Mary Washington will be making some security and technological changes beginning Jan. 3, 2010 to comply with information technology regulations. There will be new password requirements as well as a new guest wireless registration procedure.

The new password complexity rules require that students make their passwords at least eight characters in length and include one number and

one letter. The passwords must also contain both upper- and lowercase characters, German said.

According to German, the login systems that will be affected by the new password regulations are EagleNet, Blackboard, Active Directory (using the UMW login option on lab and classroom computers), CleanAccess for wireless network authentication, the EagleOne Card System, and Library A-Z Databases from dorms and off-campus locations.

However, according to a document from German, student email accounts and the Apogee network will not be impacted by these changes.

A new guest wireless access registration is also required as of Jan. 3.

Passwords will expire every 90 days.

"Whenever you do change your password, that's when your clock starts ticking," said German.

As such, any student who has changed his or her password in the 90 days preceding Jan. 3 will not be forced to create a new login until that 90-day period has expired.

Some students may wish to reset their passwords before they go home for break, German said.

Recycling passwords will also be limited by the new information technology regulations.

"You can't reuse the same

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Marie Sicola/Bullet

The collected cans were placed in the front lobby of Combs Hall.

## Robberies Spoil Combs' Canned Food Drive

By NANCY BELLE  
Staff Writer

The canned food drive, which has been organized by professors in the Department of English, has been cancelled due to theft of the donations. The food drive, situated in the main lobby of Combs Hall for the last seven years is run by department of English, linguistics and communications senior lecturer, Connie Smith.

According to Teresa Kennedy, chair of the depart-

ment of English, linguistics and communications, they have collected over 400 pounds of food in years past.

This year, they will not be able to donate as much due to the robberies.

"It's been an ongoing problem," Smith said. "I've been bringing in food regularly. I came in one Sunday and the construction was demolished... at least half the food was gone."

Smith said that Tinker Toys were placed among the cans so donors had the option to create

a city of food. No one knows exactly how much food was collected this year before the thefts began, however about half the food was stolen. Smith will deliver whatever is left.

Kennedy was disappointed with the thefts.

"I was angry that the hard work of a colleague of mine has been destroyed," Kennedy said.

According to Kennedy, this is not the first year a robbery has occurred.

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Marie Sicola/Bullet

The IT department will be enforcing password changes after winter break.





By LINDLEY ESTES  
Staff Writer

**Nov. 11:** An underage intoxicated student was apprehended by university police between 11:19 p.m. and 11:55 p.m. on Campus Walk between Lee and Virginia Halls. The student was issued an administrative referral.

**Nov. 11:** Between 11:35 p.m. and 11:55 p.m. an underage intoxicated student was apprehended by UMW police outside of Russell Hall. The student was given an administrative referral.

**Between 5:00 p.m. Nov. 11 and 7:00 a.m. Nov. 12:** University police responded to a Grand Larceny at the Monroe construction site after the construction manager reported the theft of copper sheeting from the worksite.

**Nov. 11:** University police responded to a report of vandalism at Eagle Village

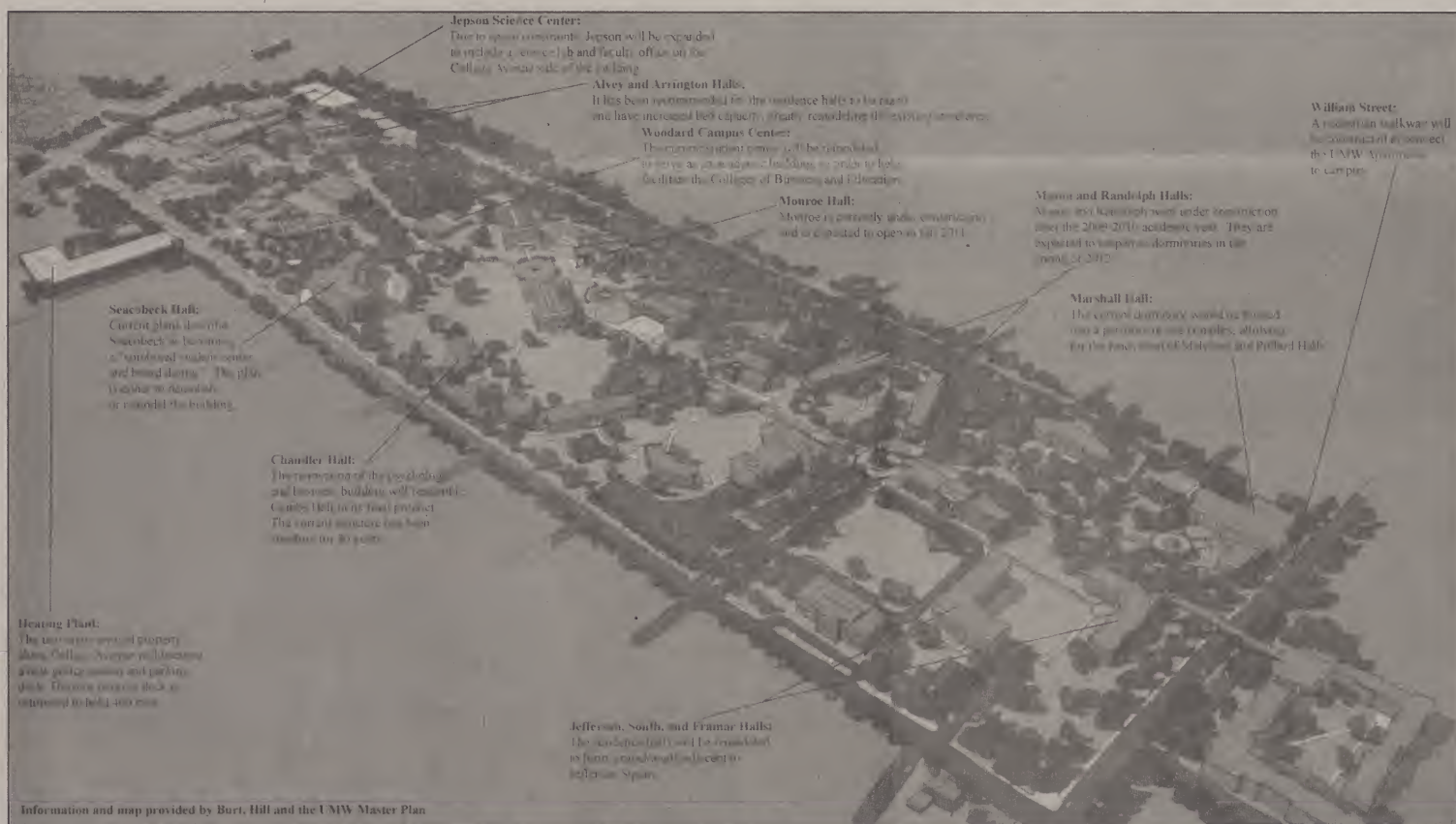
**Nov. 12:** A UMW student reported to the Fredericksburg Police Department that her cell phone and identification were stolen from her table at Aladin's Restaurant on Plank Road. There are no suspects or witnesses at this time

**Nov. 15:** Between 1:00 a.m. and 11:59 p.m.: University police responded to the fraudulent use of an EagleOne card which had previously been reported stolen on Sept. 18. The investigation is on going.

This information was compiled with help from  
Assistant Vice President for Public Safety and Community Services Susan Knick, and  
Fredericksburg Police Department Public Information Officer Natatia Bledsoe.

## Campus Map of Proposed Master Plan

*Let us know online what you think of the changes that may occur around our campus*



Anne Elder/Bullet

Above is a map of campus according to the proposed Master Plan for the University of Mary Washington. Members of the faculty, student body and community are encouraged to familiarize themselves with the proposal. The *Bullet* is offering an online forum for this discussion at [umwbulet.com](http://umwbulet.com). The expanded map shown above is available on the site, along with a comment section dedicated to letting all voices be heard regarding the plan. Take this opportunity to influence the future of our campus.

## Students Question Safety of Rescue Policy

### ◀ RESCUE, page 1

oversee this responsibility," Lovelace said.

The Fredericksburg Fire Department has been given access to residence halls. According to Lovelace they rarely use it since the police are already on the scene to assist.

Students are worried that this protocol puts them in danger. Sophomore Robert Schoonover lives in Eagle Landing.

"Definitely that concerns me," Schlonoover said. "If there

is an emergency, police can't do much for you. You need the rescue squad."

Sophomore Graham Givens agrees.

"I've seen an accident happen in an academic building," Givens said. "The police came and then the rescue squad. No offense to the police force—they are good at what they do—but they do not have the resources or training to help in medical emergencies."

Junior Mitchell Bass said that there should be no question

about giving the rescue squad access to residence halls.

"There should be some discussion to address issues of safety," Bass said.

Freshman Hester Godfrey lives in Arrington, and said that the thought of the rescue squad not reaching her or her hallmates during an emergency is scary.

"When putting someone's health at risk, you can't get picky about territory," Godfrey said.

### Corrections

The Sept. 9 article "Club Sports Lack Trainer Access," incorrectly stated the number of club sports. There are currently 21 sports clubs and about 700 students involved in the program.

The Nov. 11 article "Women's Rugby No. 1 in the State" incorrectly stated that Anna Davis accrued 14 of the team's points. Davis scored 10 points. Also, Nick Nelson's byline was omitted from the story.



# Viewpoints

## Activism on Campus Reaches New Heights Among Students

In a staff editorial on Nov. 3, the *Bullet* lamented the lack of informed activism among a current generation of college students who grew up weaned on the irony-heavy entertainment-based reporting styles of the Colbert Report and the Daily Show.

Turns out that recently, at least on the UMW campus, students have proven that stereotype to be mostly fiction.

Although activism on a college campus is nothing new, one reason for this semester's escalating presence of student voices might have something to do with the current administration's willingness to actually engage these voices in a dialogue, a trait

that hasn't always been a given with previous administrations.

Back in October, UMW sophomore Ryley Trahan organized a rally that drew around 100 students to Dodd Auditorium to protest potential tuition hikes and drew attention from national media outlets, including the *Huffington Post*.

Whether or not you agree with their campaigning strategies, the College Republicans certainly came out in full

munity under the Master Plan by printing t-shirts that read "Save Framar," a residence hall that is currently set to be demolished under the proposed plan.

To the administration's credit though, for all of the criticism that has been lobbied at the Master Plan and the proposed tuition hikes, the administration hasn't appeared to be in a rush to make any drastic decisions without at least considering feedback from the campus community first.

When former President Judy Hample proposed implementing a \$25 million Strategic Plan last January that included enrollment growth as well as multi-year tuition increases to combat state budget deficits, the campus was mostly silent.

The difference here is transparency, and for what it's worth, this administration appears committed to communicating their intentions with the campus body.

No matter what they end up proposing though, change is bound to invite controversy. If you're upset with the proposed future of this university, don't just complain to your roommates.

Leave a comment on the Master Plan page of the school website. Write a letter to the editor. If all else fails, take your concerns directly to the president. We're lucky to finally have one who's willing to listen.

## Staff Editorial

...this semester's escalating presence of student voices might have something to do with the current administration's willingness to actually engage these voices in a dialogue.

force this election season and made their voice heard around campus.

When the administration unveiled a massive plan to overhaul the campus earlier this semester, students in the department of historic preservation organized a rally outside of Seacobeck to protest the administration's proposed demolition of the building as part of the new Master Plan.

In addition, residents of UMW's international living center are protesting the relocation of their current living com-



## After High School, Time to Break Up With Old 'Friends'

If you were in the Cape Henry Collegiate School class of 2007, we need to talk. I think we're at different stages of life right now.

I know you all still like to hang out and I appreciate the invitations to get together over breaks and the Facebook messages, but I think it's time we see other people.

It's not me, it's you and I think it'd be best if we don't keep in touch.

There are so many reasons to look forward to going home for winter break: I get to see my dog, watch every episode of every teenage soap opera from the early 2000's and wear the same pair of leggings for several days in a row.

Plus, there's always the chance that Seasonal Affective Disorder will rear its ugly head.

But, amidst all of the joy, I can't help but be reminded of how much the few people I interact with whom I'm not related to suck.

I'm never really home, so I haven't had the time or felt the need to go out and make new friends, but after a few days of Star Wars marathons and baking cupcakes at four in the morning, my parents start to question my sanity and "encourage" me to contact the old Cape Henry crew.

They'll start asking subtly what everyone's up to or mention how they recently ran into someone's mom at the grocery store. Stage two begins when

they ask what specific people are doing over break. And then, once I say that I neither know, nor care, they kick me out of the house and make me interact with the human race.

The tedious, shallow human race that doesn't talk about anything other than the frat parties it goes to in college, where people drink alcohol—which

What I'm saying, high school classmates, is that I don't dislike you; you just don't matter to me.

Hopefully I don't matter to you, either.

I've talked to a ton of people here about this. Most of them agree that they either dread the rare occasions in which they feel obligated to visit with old friends or have already sworn off seeing them, favoring all of the stigma associated with a month of playing The Sims for 17 hours a day to tiresome dinners with tiresome people.

This made me wonder if everyone actually feels this way on some level. Maybe the girls who still try to plan annual parties, get really into high school alumni events and then post pictures online only do this because they feel like they have to.

It's possible that none of us are having fun, but they're just better at hiding it.

The idea of friendships being expendable like this is disconcerting, but why prolong relationships that don't actually exist anymore? I don't owe these people anything beyond the basic human decency that everyone (other than my enemy) deserves and listening to them prattle on causes me actual physical pain.

Of course, there are a few with whom I still keep in touch, but as a group, I'm just not that into them.

### Thought You Knew



By Jordan Kroll  
Columnist

you've probably never heard of until right now.

I'm probably just bitter because no one gets my jokes.

I don't hate everyone from high school, but they're strangers to me and I don't really feel the need to spend hours in forced conversation and rehashing the past with strangers.

## Letters to the Editor

### Thefts ended canned food drive

Dear Editor,

I am writing to let everyone know that the English, linguistics and communication department will no longer be collecting canned food in our annual "Can do City" effort for the Fredericksburg Food Bank.

Although, under the impetus of Connie Smith, students, faculty and staff have previously donated significant amounts of food to this charity, theft of the canned goods from the lobby of

Combs has now made this a wasted effort.

I cannot express how extremely disappointed I am, and how much I empathize with Professor Smith's distress over this situation. I hope that whoever has taken the food realizes what he or she has accomplished: the loss of faith in the good will of our community.

Teresa A. Kennedy is a Professor of English and the Chair of English, Linguistics and Communication.



Marie Nicola/Bullet

Combs lobby, where the canned food was stolen.

### Clarification on the mission of Fredericksburg Food not Bombs

Dear Editor,

In the recent *Bullet* article on vegetarianism and Food not Bombs (FNB), there seemed to be some misunderstanding about what FNB is and what we do.

Food not Bombs is a 30-year-old international grassroots organization that protests against war, poverty and the destruction of the environment.

Food not Bombs is based on the idea that our priorities should be toward helping those who are poor, hungry and marginalized in the world. As a country, we spend so much money on wars and things that do not benefit the vast majority of people in our country and around our world, and those resources could be put to much better use doing things like feeding hungry people. Food not Bombs shows how easy and inexpensive something like this can be to do.

It is also a statement against the wastefulness and environmental destruction caused by the way we live. We collect food that is wasted and thrown

away, yet still is fine to eat and make healthy meals out of it. The system of food production and distribution in our country and throughout much of the world is wasteful, destructive and increases poverty throughout the world.

Grocery stores do not donate food to us. We take the food they throw away. The majority of this food is still fine to eat and has passed the "sell-by" date, and we take care to use only food that is still safe and clean. We also collect food from the local community garden run by UMW students.

Food not Bombs has no officers or formal leaders.

The system we live in now is wasteful and destructive. Our priorities should be towards helping those of us who are least fortunate, rather than to help those who are most wealthy already by supporting wars and corporate control of food supplies.

Sara Monk, Evan McLaughlin, Kris Bray, Paul Keily, Colleen Brooke and Jason Walsh are with Fredericksburg Food not Bombs.

## Get on your knees, scumbag!



And submit your opinions to  
**umwbulet@gmail.com**

### Letter and Editorial Policy

The *Bullet* is always eager to receive letters to the editor and guest columns, and every effort is made to print them.

Letters should be submitted the Monday before publication. Letters should be no longer than 300 words, and columns should not exceed 700 words.

We will not publish anonymous submissions. Letters must include a phone number and address for purposes of verification. They can be mailed to the *Bullet* at 1701 College Avenue, Fredericksburg, VA, 22401-4666, delivered to our office in Seacobeck Hall or sent to our e-mail at umwbulet@gmail.com.

Opinions expressed in columns or letters to the editor do not necessarily reflect the views of the staff. Contact the *Bullet* at 540-654-1133.

**the Bulletin**

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# Viewpoints

## London Protests Parallel Virginia Budget Woes

*Harsh cuts necessary to get state back on track*

By **CALVIN SHERWOOD**  
Political Columnist

Students like to protest. Since they are usually on the receiving end of most decisions, it is natural that they react with the only means they can. In continuing with that tradition, university students in London protested the increase of nearly \$10,000 in tuition this past week.

Unfortunately, like most other mass gatherings of students, it eventually became violent, with several hundred students storming the Conservative Party headquarters, smashing windows and setting a fire in the lobby.

This group of people represents a punitive amount of the thousands of peaceful protesters, but their violent actions are what the rest of the world sees. Their frustration was unexpected, and even the London police admit to being surprised by how massive the demonstration became.

Nevertheless, it has become clear to the U.K., and even the world, that the actions taken to meet the budget will be violently protested and may even cause societal upheaval.

Serious budget protests first occurred in France earlier this year when the retirement age was raised from 60 to 62. While thousands protested

the law, many reluctantly agreed, in the end, that it was the best possible solution and admitted that a continuation of the norm was demographically impossible.

This is not so for England, where the new Conservative

coalition has put together a set of cuts that were initially received rather smoothly by the public. The austerity of the measures were harsher than necessary, but set Britain on the track for financial balance sooner, and most Britons accepted that as a necessity.

All of this changed with the student protests. Britain is now bracing for more protests over tuition hikes and budget cuts, wondering if this protest was a violent preview of things to come. While Britain waits nervously, America should be taking notes of what happens, because a similar situation may occur not too far in our future.

Faced with a huge deficit and having sent a political message against raising taxes this midterm, America will soon have to make the same agonizing choices that Britain is now facing over what gets cut and how society will be able to cope with the outcome.

The most awkward part of this dilemma is that America cannot avoid this problem; eventually, someone will have to stand up and admit that we have to cut tremendous amounts of spending to get back on track.

When this political nightmare occurs, how will America react? Will there be massive student protests that are hijacked by mil-

itant anarchists and turn violent, like those just witnessed in London?

I hope not.

Despite their massive turnout against tuition increase, the students did not come out the victors of last weeks events because the message of the masses was distorted by the violent actions of a few.

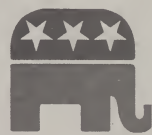
The humiliation the Conservatives suffered at having their

*People first to be hurt after mismanagement*

By **BRIAN AURICCHIO**  
Political Columnist

There is a faction of society whose political power and motivation is vastly overrated: the youth. In the political and economic turmoil most nations find themselves in, a lesson must be noted: you cannot solve problems by externalizing costs to those who are not responsible.

The dire consequences from this lesson have been unveiled in London, where student protests turned violent during a demonstration against increased tuition expenses.



### Opposing Viewpoints



Courtesy of the AP

**U.K. students riot in London after tuition hike.**

headquarters sacked by a horde of adolescents will make them more retaliatory, potentially steeling their resolve to push their measures through without compromise.

Congress would do well to observe this issue as it unfolds in England and learn from the mistakes, so as to avoid a similar quagmire in the future.

According to protestors, there were 50,000 people fighting the austerity measure that their government has enacted. University tuition in England is tripling because of the weak economic state of the country. In the gruesome game of politics, those with the weakest voice tend to be

exploited.

Students decided to amplify this voice during the protest. The Conservative Party in England, equivalent to the Republican Party in the U.S., took power last May.

The protest turned violent when demonstrators passed the Conservative Party headquarters and decided to smash three windows, destroy the lobby and climb to the roof of the building. The vestige of nonviolent disobedience was lost and the protest turned to riot.

Whether or not you support their methods, you cannot deny that their power to disrupt successfully spread their message. People do not destroy for nothing. Perhaps their actions were rightly taken.

Like most Western countries, England's debt has spiraled out of control. The government needed to cut programs. The future of the nation's youth was the first to make the sacrifice. These were not modest increases.

Currently, tuition in England is about \$5,265. These increases will make the maximum cost for college \$14,400, almost a threefold increase.

To an American student, arguing over a few thousand dollars in college tuition may not seem to justify the wide scale violence that students participated in.

However, it is important to recognize that in most European countries, higher education is free, but reserved for those pursuing scholarly work. For example, in 2009, only 10 percent of French students within the ages of 18-24 went to college, whereas 40 percent of American students within this age limit attended.

Educational reform in England is working to send 50 percent of this age group to college, so in 1998 they instated a tuition expense to compensate for the mass influx of students attending college.

These rates have been increasing ever since, and now they plan on tripling. A decade ago, post-secondary education was free. Now thousands will not be able to attend college solely because of its cost.

Can we expect similar trends in the United States? It hasn't even been a month since Republicans won the majority in the House, and talk of cutting social programs has already been thrown about.

When the government is unable to keep their own budget, why is it the people who are the first to make sacrifices? It seems as if the government, as an entity, makes laws to protect itself, rather than benefiting the people. Social programs are always the first to get cut: education, welfare and healthcare.

The University of Mary Washington has already been talking about raising tuition nearly 25 percent. It is only a matter of time before these injustices motivate our students to act aggressively.

## Visit to Doctor's Office is a Necessary Pain in the Side



By **STEPHANIE LICHIELLO**  
Columnist

I can imagine that going to the doctor is not on most people's list of favorite things to do. However, when flu season rolls around and you develop that nagging cough and hear the words "bless you" more times in class than you do in church, it's probably time to see a specialist.

Putting off a trip to the doc is one of my few talents, but it has landed me in bed with a bowl of chicken noodle soup on quite a few occasions.

What I hate the most about going to the doctor is the idea of being around other sick people. Whether a conscious decision or not, people in the waiting room sit as far away from each other as possible.

Even without knowing the reason for another person's visit, just the thought of the germs you could catch by being in close proximity to a sick stranger is enough to make you and every other person in the room feel a little uneasy.

As a child, the waiting room in my pediatrician's office had a "sick" side and a "well" side. To make matters worse, the sick side had a sign depicting an ill-looking dog with blood shot eyes and a thermometer in its mouth. Of course, the sign on the well side had a cute little kitten with a smug smile, as if

to say, "You don't belong here." It might as well have read, "Outcasts" or "The Others."

The sign only drew more attention to the sickly kids and reinforced the stares from every parent in the room.

I guess I can't blame them entirely because who really wants their healthy child coming in for a check-up to get even remotely close to the boy infected with chicken pox on the opposite side. Even still, something tells me that this is some form of child segregation, but maybe I'm wrong.

While waiting to be seen by the doctor, not only are you evaluating everyone in the room for runny noses and croupy coughs, you're forced to hear the babies screaming in the back (most likely due to the booster shot they just received). Eventually, the screaming and the crying are drowned out by the abusive language of ticked off mothers whose insurance won't pay for their kid's visit.

It's a toss-up between sick people and crying babies as to which is worse, but when I'm exposed to both at once, it only adds to my hatred of the doctor's office. Luckily, during my most recent visit to the "doc in the box," my only encounter with a child was a 2-year-old girl watching Barney on her mom's Blackberry phone.

I found myself not only "people watching," as I tend to do on a regular basis, but evaluating the entire doctor's office itself. There was literally a plasma screen television in every room, and every issue of "People" you could possibly want to read.

I have to give the doc some credit though. The process is much speedier

than I remember it being years ago. Nowadays, online scheduling makes appointment times more efficient and with advances in equipment, nurses are able to complete blood work in a matter of minutes instead of sending samples off to a lab.

Despite the advances in technology, I find it funny how even at 22 years of age, the nurses still treat me like I'm 12. No, I don't need my mother to chaperone me into the backroom and no, I don't need a lollipop after you prick my finger. If I wanted candy I would treat myself to a McFlurry after my appointment.

This is all very ironic considering only months ago I had aspirations of going to medical school and becoming a doctor myself. While I understand the need for doctors and their importance, it doesn't change the fact that I will do anything and everything to avoid going to see them.

It isn't even the doctor that I dislike. It's just the idea of going and the hassles of dragging myself there that really turn me off. In the end though, I tend to suck it up, make the trip, get the drugs and hope for a quick getaway.

I hate to say it, but 'tis the season to cover your mouth when you cough, carry a few extra tissues in your backpack and utilize that travel size bottle of hand sanitizer mom put in your Christmas stocking last year.

It is a good thing it's still too early for mistletoe, but come December, germaphobes beware.

Want to keep the doctor away? You might think you're safe if you received the H1N1 flu vaccine last year, but think again. According to the Centers for Disease Control and Prevention, the 2010-11 vaccine is an updated version that protects against the three viruses that research indicates will cause the greatest illness including the H1N1, influenza A and influenza B viruses. The Student Health Center on campus is still offering flu shots available to students for \$10.

## Crotch Adjustment Is Private Business

Women go to great lengths not to touch themselves in public, especially in any region around the genitals or breasts. Beyond brushing our hands through our hair, we make sure not to disturb any other part of the body even if an area is itching or uncomfortable. Just as we make efforts to conceal our feminine products, we seek private areas to adjust ourselves.

Women, if you feel a wedgie coming on—tough luck. Like it or lump it, you will have to wait until your reach the nearest restroom or private place to fix it. If someone catches your hand wandering down to your butt crack, you will certainly gain some nasty looks.

When you finally find a place to adjust your panties, you might want to scratch that pesky itch between your boob and armpit since it is not lady like to do so in public. Once you have finished all of your private primping, it is

likely that you will return to class to find a male peer adjusting and scratching his crotch. Not only is he doing something you went to exceedingly great lengths to avoid, almost nobody seems to notice or care. If anything, it enhances his masculinity.

Normally, I would support a liberal approach and advocate that women defy these social norms and rise against them by scratching, pulling and adjusting all parts of their body any time they

want. In this case, however, I don't think being crude will benefit anybody, nor will it make the world a better place. Moreover, scratching one's

genitals does nothing to improve a person's masculinity or femininity. If anything, it is totally awkward.

Guys and gals, if you need to adjust yourself or scratch yourself in an awkward location, do so discreetly or find the nearest restroom or empty hallway. Guys, if your genital itch is so frequent and severe that you feel the need to sprawl your legs wide open and furiously scratch your junk, you should probably seek medical attention.

Otherwise, sit like a normal person and at least try to adjust yourself inconspicuously.

Sometimes vaginas itch too, but women don't spread their legs and go for the crotch grab. We would appreciate it if guys showed the same respect for the people around them. Besides upholding personal dignity, avoiding crotch adjustments simply makes life a lot less awkward.

*Sexclimations*  
By Erin Hill  
Columnist

*...it is likely that you will return to class to find a male peer adjusting and scratching his crotch.*

**Do you have something to say?**

Send us your opinions at  
[umwbulet@gmail.com](mailto:umwbulet@gmail.com)



# Entertainment

## One Note Stand More Than a One-Hit Wonder

By OLIVIA SNIDER  
Staff Writer

This past Saturday, the One Note Stand greeted audiences with an insightful documentary about the UMW a capella club and its origins.

"The Social Network: The Story Behind the One Note Stand," was an obvious nod to the recently released movie about the formation of Facebook. This humorous preface loosened up the audience with humor, revealing that the club contract for One Note Stand was drawn up in only one night.

"Hence, One Note Stand," noted the documentary.

Yuna Lee was the opening soloist of the night and did a marvelous job overcoming the silent microphone for the first few seconds of the piece. But after the sound system became intact, she engaged the audience with her rendition of The Killers' "Mr. Brightside."

The One Note Stand really wowed the audience with their group chorale version of Billy Joel's "And So It Goes," earning an eruption of claps at the close of the number.

Brendan Kelly's vocal performance of Van Morrison's "Moondance," was passionate and perfectly suited for this style of music.

A rendition of Jordan Spark's "No Air," was a lovely duet, but it seemed as if either the range was a bit low for the female vocalist or she may have



Marie Sicola/Bullet

Junior Bobby Tillet and the One Note Stand riled up the crowd last Saturday in Dodd with a capella covers of famous hits like the Killers' "Mr. Brightside" and Coldplay's "The Scientist."

been sick. Still, it was quite the crowd-pleaser and closed the first half of the show with thundering applause and shouts from the crowd.

For the intermission, One Note

Stand invited the UMW Breakers on-stage to show off their skills. Philip, a freshman, introduced the group, noting that unfortunately not all of their members could be at the performance.

"Some went home, some are sick, and some sprained their ankles," he said.

The breakers impressed the audience with their individual styles and dare-

devil moves, including handstand kicks, body rocks and plenty of fancy footwork.

The One Note Stand welcomed the audience back with the Goo Goo Dolls' "Iris." The male lead had a strong, clear voice but seemed unable to hit the highest notes, again making me wonder about range choices or the possibility of illness. Either way, his energy and performance on the song outweighed the few lapses in tone.

The performance continued with Shontelle's "Impossible," and a strong duet on Rusted Root's "Send Me On My Way." The performers used a creative mash-up of Coldplay's "The Scientist," Red Hot Chili Peppers' "Scar Tissue," and Green Day's "21 Guns," to really get the audience into the music, using stomps and claps to increase the energy.

The performers walked off the stage at the close of the mash-up, only to reemerge to an encore of Antoine Dodson's "Bed Invader," featuring their beatboxer, Mitchell Bass as the rapper. It was a short encore, but one that certainly got the audience giggling.

The One Note Stand did not fail to impress this year at their fall performance. A few voices seemed strained, but considering that we're right in the middle of allergy and sickness season, I'll give them a pass. The show was energetic, engaging and, above all, fun.

## Cee Lo Green's Work as a 'Lady Killer' Ranges From Amazing to Mediocre

By TOM DELLAFERRA  
Staff Writer

Cee Lo Green's new album, "The Lady Killer," is worth checking out if the notion of a soul-pop blend piques your interest.

As its title suggests, the songs on the album focus mainly on the various aspects of love and romance gone sour. Green uses the first track to introduce himself, saying that "when it comes to the ladies, I have a license to kill," before exploding into a pseudo-"James Bond"-inspired theme.

However, though he may be "The Lady Killer," most of the album's pieces aren't about conquest and debauchery as the title could imply, but rather they are about the complex emotions and situations that follow when love is on the line. There are definitely a few tracks on here about being killed by ladies though.

The album's first single, "F\*\*\* You," easily steals the show, telling the story of a man who is left for a richer lover through an upbeat anthem that you simply won't be able to resist singing and dancing to on campus walk.

"Bright Lights, Bigger City," is the quintessential weekender's song, polished and pop-fueled. I would be very surprised if it doesn't wind up on several peoples' playlist for weekend get-togethers.

My other favorites from the album, "Satisfied" and "I Want You," are smooth and upbeat, coming across as popped-up soul songs.

"Old Fashioned" sounds like a '50s-inspired pop ballad, and I mean that in the best way possible. "Fool For You,"



courtesy of randythinkss.blogspot.com

"It's OK" and "No One's Gonna Love You" are head-bobbing, beat-heavy soul pieces, hitting home with heart-break while maintaining Green's overall smooth presentation.

The spy themes present in the album's "Intro" and "Outro" tracks make a resurgence in the center of the album on the track "Love Gun," which has the whispers, backup vocals and catchy beat to make it sound like it could have been a "Bond" movie intro.

That said, the album isn't perfect. I was a huge fan of Green's collaboration

with Danger Mouse, Gnarlz Barkley, and after hearing "F\*\*\* You" when it was released a few months back, I was certain this album was going to be a smash hit.

But after running through the album a few times, I don't think this will necessarily be the case. Some songs just aren't that strong. With Green's tendency to switch between several genres of music though, there were bound to be a few missed opportunities.

In many songs, Green's vocals take a backseat to the background music, which not only seems counter to the idea of a solo album but just doesn't make the tracks better. That's not to say that the album isn't strong musically or vocally; the balance between the two varies from track to track, and even when Green isn't on the frontline, the music is still able to carry the weight.

If you've enjoyed Cee Lo's previous works, you'll definitely find some things to love about "The Lady Killer." It's a pop-and-soul infused record that I'd definitely recommend.

### "The Lady Killer"

Cee Lo Green

Release Date: 11/5



## It's So Nice to 'Meat' You: 'Super Meat Boy' Rocks

By MARSHALL SCHULTE  
Staff Writer

"Super Meat Boy" hurt my feelings and my hands, but just like any abusive relationship, I kept going right back to it.

Addictive is a simpler way to put it, but that really doesn't adequately describe the sheer difficulty at hand. I've played a lot of video games in my day, but "Super Meat Boy" might just take the cake. And yet, it still rocked.

The plot doesn't matter at all in "Super Meat Boy," but the game is obviously aware of this fact. You play as Meat Boy, an anthropomorphic cube of meat who has to save his girlfriend, Bandage Girl, from the clutches of Dr. Fetus, a fetus in a robot suit wearing a tuxedo. Yep.

That complicated, intricately-woven plot doesn't extend far beyond the opening cutscene though. The rest of the game is a brutal homage to the old Nintendo classics, with every new world beginning with a parody of favorite oldies like "Street Fighter II" and "Castlevania."

Nothing in "Super Meat Boy" is taken seriously at all, with the notable exception of the gameplay.

Meat Boy can walk, run, jump and leap off of walls, and that's it. Think Mario without crazy raccoon hats or fire flowers. The goal in each level is simple: get to Bandage Girl. But that's

nowhere near as easy as it sounds.

Saw blades, bottomless pits, homing missiles, more saw blades and homing demon mouths that explode into ten more demon mouths, among other dangers, will stand in your way, each level crazier than the last.

Often, levels are so initially mind-boggling that when you first see them it's easy to just sit there and think, "how is this even possible?" But for the most part, they only take a few minutes each. In some cases, they can take a couple hours.

And if you get "Super Meat Boy," you won't run out of stuff to do anytime soon. There are over 300 levels in the game with the promise of more to come, extra characters to unlock, and bandages tucked away in the dark corners of many levels.

In short, if you have \$15 and want to get the most bang from your buck, buy "Super Meat Boy" immediately. It can be pretty ridiculously hard sometimes, but it's really a nice game when you get to know it. You just have to give it a chance.

### Super Meat Boy

Available on Xbox 360, PC, Wii

Price: \$14.99



## Bullet Points

Thursday,  
November 18

- **Jewish Trivia Night:** Oy vey! Bring a dreidel for good luck to this week's Trivia Night in the Underground at 8 p.m. You'll need it; I've seen "The Hebrew Hammer."
- **Bowling:** Listen, I know Thanksgiving's right around the corner, but try not to bowl a turkey at Liberty Lane's weekly bowling party at 9 p.m. Eh? Eh? Turkey? Get it? Too fun.

Friday,  
November 19

- **Minh:** The Underground will host Minh, an indie pop musician, at 9 p.m.
- **PAC's Fall Big Show:** The Performing Arts Club's Big Show is \$4 in Dodd Auditorium at 7:30 p.m.
- **Cheap Seats:** "Eat Pray Love" at 7 p.m. and "Going the Distance" at 10 p.m. for \$1 each in Combs 139.

Saturday,  
November 20

- **Cheap Seats:** In these tough economic times, you can't afford to waste money, paying upwards of \$10 or even \$1000 just to see a movie at the theater. Well, Cheap Seats is screening "Going the Distance" at 7 p.m. and "Eat Pray Love" at 10 p.m. in Combs 139 for \$1 each. Which is worthy of that dollar? Find out at umwbulet.com.
- **PAC's Fall Big Show:** The Performing Arts Club's Big Show is \$4 in Dodd Auditorium at 2 p.m.

Sunday,  
November 21

- **Cheap Seats:** Too busy partying to catch "Eat Pray Love" on Friday or Saturday? Nice. No big. Come to Combs 139 at 2 p.m. with \$1.

Monday,  
November 22

- **Monday Night Football:** When I think football, I think free pizza at the halftime of the Denver Broncos vs. the San Diego Chargers in the Underground at 8:30 p.m. Wait, don't you? Well think again.

Tuesday,  
November 23

- **Underground Closing:** The Underground is closing down? What? What? Oh, you meant just for break? Thank goodness. Well then I'll stop by before 4 p.m. to grab a last meal.

Wednesday,  
November 24

- **Thanksgiving (Almost):** Be real. You're not even at UMW. You left early to go home and gain weight. I totally approve.

Send Bullet Points to tella@mail.umw.edu.

## Weekly Sudoku

	7	5		1		4	8	
		8				5		
3		4	5		2	1		6
5			2	3	1			7
7			8	6	4			1
9		3	6		8	7		5
		2				6		
	1	7		4		3	2	

Difficulty: Very Easy

To check your answers, go to umwbulet.com/entertainment.



# Entertainment

## For Fun and Framar: Zein Al-Atrache is Mr. UMW



Paul Tindall/Bullet

Above: Junior Zein Al-Atrache, sporting cigarette sunglasses, took home the Mr. UMW crown. Right: Last year's Mr. UMW, junior Chris Vellucci, passes on the crown to Al-Atrache.

By **MADELINE MCDONALD**  
Staff Writer

At last Thursday's annual Mr. UMW competition in Dodd Auditorium, 13 young men battled it out to win the title of Mr. UMW, but only one of these young men proved worthy enough for the crown: junior Zein Al-Atrache.

The contestants kicked off the show by dancing to a mashup of some of Lady Gaga's well-known hits, like "Poker Face," "Disco Stick" and "Telephone" while scantily clad in homemade versions of her often ridiculous costumes.

While they were a little out of sync, the dance only managed to add to their

charm, while their group participation push-ups had the audience screaming for more.

The always-entertaining talent portion of the show followed the first round of eliminations. It mostly consisted of song and dance routines, though there

were a few unique performances mixed in.

Some of the contestants really knocked it out of the park with their talents: Danny "Mr. Alvey" Browne sang an adorable song called "That's What I Like About UMW," Andrew "Mr. Eagle Landing North" Hogan performed a hilarious "Shewolf" dance, and Zein "Mr. Framar" Al-Atrache demonstrated some amazing glow-in-the-dark nunchuck skills.

After more eliminations, a sports-wear competition, and plenty of hijinks, in the end it was Zein Al-Atrache, Mr. Framar, who was crowned Mr. UMW by 2009's Mr. UMW, Chris Vellucci.

Despite some off-stage difficulties, 2010's Mr. UMW Pageant was a huge success. All the contestants deserve a pat on the back

just for getting up there and running around dressed like Lady Gaga, let alone for performing and showing off in front of a screaming, cheering audience of people they know and see everyday.

This whimsical and hilarious display of the young men on campus strutting their stuff will not easily be forgotten, especially since it can be found online.

So if you just couldn't make it out to the show or want to relive all the hilarity from the comfort of your dorm room, check out umwbulet.com for a highlight reel of some of the best acts in our latest "This Week at UMW" video as well as the full performances of the opening dance number and Mr. Eagle Landing North's great "Shewolf" dance.



Paul Tindall/Bullet

## Answering the 'Call of Duty' Still Awesome in 'Black Ops'

By **JOSHUA LAWSON**  
Staff Writer

In the last three years, the "Call of Duty" franchise has exploded in popularity thanks to a bold decision to move from the overcrowded World War II shooter genre to present day conflict with "Call of Duty 4: Modern Warfare." Since then, it's been the dominant first-person shooter series, and the latest installment, "Call of Duty: Black Ops," will definitely keep that trend alive.

"Black Ops" takes another unique approach to the setting, putting players in the midst of the Cold War. Players take control of Special Forces Operative Alex Mason, voiced by

"Avatar" and "Clash of the Titans" star Sam Worthington, as he is interrogated by an unknown adversary with a heavily distorted voice asking about his classified overseas activities in the fight against communism. From there, each level unfolds as a flashback to past events that lead up to Mason's interrogation.

This narrative style, which differs drastically from the storytelling of any of the other "Call of Duty" games,

just enough that it makes for an incredible plot twist by the end.

"Black Ops" sticks pretty strictly to the core formula that the franchise has been using for years now. Players make their way through often gorgeous levels killing Nazis, terrorists and Communists with an impressive collection of firearms, all for the American good.

The single-player campaign features a wide array of vehicular sequences, globe-trotting and new weaponry that all keeps the act of slaying hundreds of Communists exciting from start to finish.

Those familiar with how frustrating vehicle control can be in first-person shooters will be glad to learn that the helicopter sequences in "Black Ops" are surprisingly well done with straightforward, effective controls that make what could have been an endlessly frustrating scenario an awesome section of the game.

Another example of how "Black Ops" mixes things up is a sequence where you're given a crossbow that shoots explosive arrows, combining the quiet satisfaction of precision sniping with the intense thrill of a rocket launcher. It's really fun.

While all of the levels you'll fight in look great, the Vietnam jungle in particular is really amazing to look at. The sunlight makes its way through the leafy canopy and the quiet rustling of animals in trees explodes into frightened screeches as gunfights ensue. Another level finds players running across the rooftops of Hong Kong in the rain, invoking an aesthetic feel similar to "Blade Runner."

Players are further immersed in the world of the narrative by the impressive voice cast. Worthington plays Mason exceptionally, Ed Harris does a great job as CIA agent Jason Hudson and even Ice Cube performs the role of Corporal Bowman with style.

The real standout performance, however, is Gary Oldman, reprising his role as Sergeant Reznov from 2008's "Call of Duty: World at War." Emulating a surprisingly convincing Russian accent, Oldman makes Reznov one of the game's absolute coolest characters.

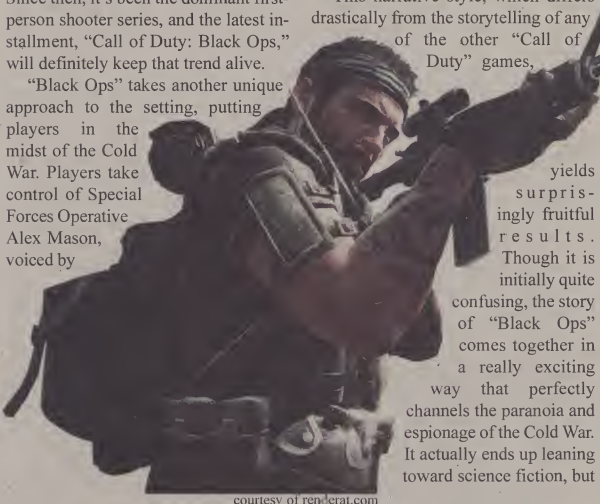
But "Black Ops" isn't perfect. One level in particular, where you have to defend Khe Sanh from Viet Cong soldiers and unforgiving game glitches, is nothing but an exercise in frustration.

At one point, as the game sent wave after wave of enemy soldiers at me, it

refused to load the next scripted event, leaving me unable to move on in the story. Each wave was cut down by some invisible force, so there really wasn't anything I could do besides reload the last checkpoint.

Though the glitch only happened that one time, the horrid memory remains.

That said, everything in "Black Ops," from the great single-player to the addictive multiplayer, is solid and has enough edge-of-your-seat moments and high-quality action that it definitely warrants a purchase and upholds the high standard of the "Call of Duty" name.



courtesy of renderat.com

## Kid Cudi's New 'Legend' Not as Magical as His First

By **JOSHUA LAWSON**  
Staff Writer

Scott Mescudi, better known as Kid Cudi, has made a valiant return with the follow-up to his 2009 album, "Man on the Moon: End of Day."

But "Man on the Moon II: The Legend of Mr. Rager" is more than just a follow-up. As the title suggests, it's a sequel album that offer what most notable sequels do: a mixed bag of improvements and failures with a feel similar to the original, without being redundant.

With his second effort, Cudi's songwriting, for the most part, has improved. Songs like the well-paced and subtle "Mr. Rager" and the exciting, pump-up jam "REVOFEV" are performed incredibly well in the studio setting but sound like they could easily stand up to the intimate scrutiny of a live acoustic performance too.

But some songs, such as the short interlude "We Aite (Wake Your Mind Up)" and the cocky, youthful rant "Wild'n Cuz I'm Young" simply don't make the cut.

Cudi's lyrics are of a similarly mixed

bag. "Man on the Moon II" is even more introspective than its predecessor, delving into Cudi's dealings with fame, fortune and drug addiction. Some of these more intimate songs, like "Mr. Rager" and the catchy rock song "Erase Me," are stirring success.

Other songs, like the bluntly-titled "Marijuana" spend their time reciting hackneyed, age-old verses about drugs and alcohol that you'd think a creative hip-hop writer like Cudi would avoid in favor of more substantial subjects.

There are number of catchy, radio-ready tunes on Cudi's new album. The album's first single, "Erase Me," is probably the most easily-accessible song in Cudi's discography, and the



courtesy of slumz.boxden.com

similarly rocking "REVOFEV" offers what will surely be a crowd-pleasing anthem at live shows. The album's second single, "Mr. Rager," is also a highlight, if a little more low-key.

"Man on the Moon II" has its fair share of guest performances. All of these are at least decent, but some are

leaps and bounds ahead of the others. Mary J. Blige appears on two tracks, giving admirable performances on both, while Kanye West offers a verse for "Erase Me" that, while acceptable as far as verses go, is far below par for West. Cee Lo Green is the true standout though as his performance on the album-opening "Scott Mescudi vs. The World" is the highlight of the song.

All in all, "Man on the Moon II: The Legend of Mr. Rager," offers more hits than misses and even the songs with the worst lyrics are interesting on a musical level. It isn't the out-of-left-field classic that Cudi's first album was, but it's still a solid album with a lot to offer in Cudi's distinctive and original brand of lunar hip-hop.

**"Man on the Moon II:  
The Legend of Mr. Rager"**  
Kid Cudi

Release Date: 11/9

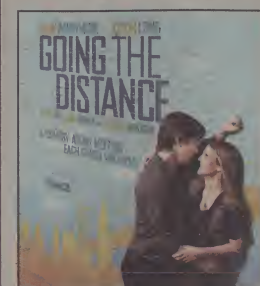


### Call of Duty: Black Ops

Available on PlayStation 3, Xbox 360, PC, Wii  
Price: \$59.99



### ENTERTAINMENT ONLINE



courtesy of chromeblips.info

### CHEAP SEATS

"Going the Distance" and "Eat Pray Love" are both playing in Cheap Seats this weekend. But are they both worth your time and your dollar? Find out by reading our reviews online.

By **CHELSEA CAYER**

### SUFJAN STEVENS

One Sufjan Stevens concert. Two completely separate experiences. Both online. Both awesome. How do two people see the same concert? Find out online.

By **UPMA KAPOOR**

By **EMILY MONTGOMERY**  
Read all about it at  
[umwbulet.com](http://umwbulet.com)



# Features

## The Bhangra Beat Goes On

*The International Living Center sponsored its sixth annual Bhangra Beat competition, where teams of dancers from a variety of universities competed against each other in front of over 400 people in the Great Hall.*



Marie Scola/Bullet

The dance teams combined traditional Bhangra music and contemporary hip-hop for a lively performance. Their routines were influenced by South Asian traditional dances.

By **KELLY KNIGHT**  
Staff Writer

The sixth annual Bhangra Beat shook the Great Hall on Saturday night when five college dance teams took the stage.

"I know how we can become millionaires. We can bottle up their energy, into liquid energy, and sell it on eBay," said senior Yuna Lee, one of the event's hosts, to the crowd.

Dancers engaged the audience with fast paced movements encompassing the South Asian tradition of the celebration of harvest.

The competition celebrated a unique combination of old and new, exemplified by several mash-ups of modern hip-hop music juxtaposed with the traditional Bhangra music.

The competing teams included Virginia Tech, William & Mary, and James Madison University.

Eagle Bhangra opened the event and the University of Maryland's fusion team, Dhoom, performed while the judges calculated their final scores.

Virginia Tech's team was declared the winner, but all three of the competing teams received

\$100 from an anonymous donor. The purpose of this event, as well as all others sponsored by the International Living Center (ILC), is to

spread diversity and international awareness on campus. The ILC is housed in Framar Hall and is one of the CONCEPTual Living Communities on campus.

In 2010 Bhangra Beat was voted best Hall Council event.

This year was the first time the ILC charged for admission and all of the 350 seats in the Great Hall filled up well before the event began at 8 p.m. "Because of the success of atten-

dance at last year's Bhangra Beat we wondered if students would be willing to still come if we put a price on the event. The answer is yes," Lee explained.

The money raised will go back into the Framar Hall account to be used towards future programs.

Although there are only 350 available seats in the Great Hall, over 400

See BHANGRA page 8 ▶

## Date Auction Benefits Good Cause

*The Invisible Children organization on campus auctioned dates with students to raise money for a school in Uganda.*

By **SAMANTHA DANIEL**  
Staff Writer

"Welcome to our house of flesh," announced the auctioneers of the Invisible Children Date Auction on Nov. 14.

This was the fourth annual auction to benefit the Invisible Children club where they sold dates with 28 students to the highest bidder.

For the \$3 entry fee attendees watched performances from Eagle Bhangra dancers, One Note Stand and Symphonic's, followed by an unexpected male strip show.

"There was a lot of shirts and pants coming off. I think I saw the windows steaming up," said senior Andrew Kada.

Many of the boys participated in the "helicopter" dance, swinging their shirts over their heads and flexing their muscles.

The show proved to be an effective technique for catching dates, as every guy was sold to the highest bidder for no less than \$30.

Sophomore John Meister's strategy was a little different from the other dancers.

"Basically [it's about] just being unique as possible. The more wild you are the higher your bids go."

Sporting a sweater featuring two dancing reindeer, Meister offered to give it to the highest bidder.

He and his sweater sold for \$85. Despite the light-hearted nature of the auction, profits from Sunday night's auction benefit a serious cause. Invisible Children, a campus group dedicated to helping the children of Uganda, will receive all of the proceeds.

Specifically the club will donate

the profits to improving Lacor Secondary School, a school in the middle of northern Uganda.

Auction organizers, sophomore Eve Patterson and junior Marianne Mannix, worked hard for three months planning the fundraiser.

It was so time consuming they had little time for anything else.

"Eat, sleep, date auction, oh shit I've got a paper due, guess I'm not sleeping tonight," laughed Patterson.

They even visited various downtown merchants asking for donations. After winning a date, participants

got to select from a variety of dining institutions, such as Bangkok Café and Firehouse Pizza.

The auction raised \$3,500 this year, which is considerably less than the previous year when they raised \$6,000.

"We were hoping to make more than we did last year, but we are very pleased with our proceeds because this is the first year any of our current officers are officers," said Mannix.

"Last year, all of our officers graduated and we are still trying to get the hang of everything."

## Mushroom Soup

By **DANIELLE ROSENBERG**  
Columnist

This recipe is an old constant. I keep just going back to it because it's filling, warming and perfect for chilly autumn and winter nights.

The ingredients list is simple, as is the flavor, making it the perfect soup to accompany a variety of side dishes and also the perfect soup to experiment with—adding different ingredients, substituting, to get the flavor you'd like.

This recipe is adapted from Heidi Swanson's blog 101cookbooks.com, but I've added sherry and rum to the recipe for a more complex flavor.

In the past, I have also substituted sweet potatoes for the white potatoes, and I have added carrots and celery to the base as well.

I decided to only include the simplest version which I made last week—leaving any alterations to you.

This soup reheats really well, and one batch will probably last 4 or even 5 chilly days. When reheating, it is important to add more water to reconstitute the broth—always try it first, though.

Additionally, the salt content in such a simple broth and it is important to add only a little at a time until you get the flavor you desire—the optimum amount to bring out the flavors without giving you high blood pressure.

The first night I made it, I used a thick, hearty bread to make garlic bread, which tasted great with the broth.

### Ingredients:

- ½ Cup Dried Mushrooms (I used Chanterelle, but any other variety will work)
- ½ Cup Sherry (Red wine and white wine work as well)
- 1-½ Cup Water
- ½ Cup Olive Oil
- 3 Shallots
- 3 Cooking Potatoes (or 1-½ Pounds New Potatoes—Sweet Potatoes work and add extra Vitamin A!)
- 2-3 Tablespoons Fresh Rosemary, removed from stem and chopped

See RECIPE 8 ▶



Danielle Rosenberg/Bullet



# Dance Competition Draws Crowd



Marie Sicola/Bullet

Bhangra dance groups from schools in Virginia and Maryland gathered to compete on Nov. 13.

## ◀ BHANGRA page 7

people were in attendance, according to Lee.

"I'm sorry to those who are standing. There's a reason we hold it in the Great Hall: I'm pretty sure they'd break Dodd Auditorium's stage," she told the crowd.

This has not always been the case for Bhangra Beat, which has come far from a small event six years ago.

"At our first Bhangra Beat, we had a belly dancer. It was so lame," said Maarij Baig, another one

of the evening's hosts.

The hosts also stressed the educational purpose of the event and in between performances students from participating schools explained the traditional clothing worn for the performances, which are colorful and brilliant.

During a break from the action, sophomore Katherine Giessel spoke of the ILC's "Save Framar" movement in response to the UMW Master Plan, which proposes to demolish the building the ILC calls home.

"Framar is a house. People walk into Framar and feel at home. The international students know they are al-

ways welcome here," said Lee.

Bhangra Beat and Framar exemplify diversity.

"Bhangra Beat has become a staple at UMW. If they knock down Framar, events like this will suffer. The reason we are so successful is because of the family-type bond we all share. I think of these people as my second family. We all want Framar to stick around forever," Giessel explained.

Following the event, the floor was opened for everyone in attendance to learn a few dance moves and ask the performers questions.



## New Sedaris Entertains

By JOE MILLER  
Staff Writer

Humorist David Sedaris's new collection of essays, "Squirrel Seeks Chipmunk: A Modest Bestiary," may look like a children's book about animals, but don't judge this book by its cover.

Sedaris takes the fabled lives of animals and turns them in a direction

### Book Review

Aesop never dared to go throughout the book's 16 stories. The secret lives of lab rats and an Irish Setter's hidden resentments towards his insecure mutt-bred wife are just two of the dark, yet comedic themes Sedaris works with.

Sedaris thrusts his animal characters into a deeper human context, giving readers an objective glimpse at the problems we face everyday, but through the eyes of these anthropomorphized and hilarious animal characters.

Sedaris, age 53, is one of the bigger names in contemporary American literature right now. His last five essay

collections have all become New York Times Best Sellers.

This newest addition to Sedaris's impressive resume was released on Sept. 28. He has already read excerpts of the book multiple times on National Public Radio and for the *Washington Post*.

In "Squirrel Seeks Chipmunk: A Modest Bestiary," Sedaris illustrates his complicated love/hate relationship with people by personifying animal characters in a way that seems uncomfortably familiar.

The story "Hello Kitty" revolves around a cynical feline who is forced to attend mandatory Alcoholics Anonymous meetings in prison.

In "The Motherless Bear," readers meet a self-pitying bear who lost her mother to a group of hunters as a cub, but grows up to find that sympathy only lasts until you meet someone with bigger problems than your own.

"The Sick Rat and The Healthy Rat," is a narrative about two lab rats with opposing worldviews. One has been a malnourished test subject for years while the other is an optimist who preaches that a positive attitude is the remedy to all ailments. Unfortunately, this view is quickly shattered

by approaching needles.

Although all of the characters are animals, there is no argument that the root of all of their issues is inherently human and universally relatable.

Ian Falconer, the writer and illustrator of the "Olivia" series, collaborated with Sedaris and illustrated "Squirrel Seeks Chipmunk: A Modest Bestiary." The artwork fits the overall theme of the writing and is funny and almost childlike, but still manages to keep up with Sedaris's dark undertones.

Critics have said that "Squirrel Seeks Chipmunk: A Modest Bestiary" banishes itself into a literary realm stuck between children's literature and adult contemporary fiction.

They argue that the book is almost too vulgar and pessimistic to be appreciated by any self-respecting reader, but readers looking for a grim collection of stories who need a break from typical human protagonists, should look no further than "Squirrel Seeks Chipmunk: A Modest Bestiary."

The stories are dark, depressing, and comically ironic, but despite the characters' paws, tails, fur coats and feathers, they are all familiar and recognizably human.



pagesofhackney.co.uk

## Club Collects Gifts for Needy



Julianna Truslow/Bullet

COAR club members Sara Krechel (left) and Vicky Hudspeth collected gift boxes outside the Nest.

By JULIANNA TRUSLOW  
Staff Writer

Community Outreach and Resources (COAR) has 687 shoeboxes to fill for this year's Head Start Gift Box Drive.

The boxes are for at-risk children in the Fredericksburg, Spotsylvania, and Stafford areas, according to the Facebook event set up by members of COAR.

COAR volunteers sat at a table outside the Eagle's Nest last week in an effort to get students involved with the project. So far they have gotten about 100 students to lend a hand.

"Most of the kids aren't getting Christmas presents and it's so easy to

spend \$10 to fill a box," said senior Sara Krechel, who is a member of COAR. "It has to be [687 shoeboxes] or someone's not getting a present."

All of the COAR volunteers plan to hand deliver the gift boxes to the children at their schools once the collection is over. Cedric Rucker, the dean of Student Life, will be joining the volunteers, dressed up as Santa Claus to distribute the gifts for the children.

"If you could just see the looks on their faces—it's uplifting and heartwarming," said Rucker. "It truly represents the community spirit. It brings a bit of cheer for the broad community that is Fredericksburg."

This gift box drive resembles Oper-

ation Christmas Child, done by Samaritan's Purse. According to the Samaritan's Purse Website, they sent shoeboxes to eight million children last year and have sent shoeboxes to over 130 countries since 1993.

Unlike Operation Christmas Child, however, the Head Start Gift Box Drive has no religious affiliation. They even ask that no religious items be put in the boxes.

Although COAR has finished signing up volunteers at the Nest, they still need student assistance. On Nov. 19 volunteers will be holding a shoebox wrapping party in the Dome Room from 5 p.m. to 8 p.m.

## All Spiced Up: Mushroom Soup

### ◀ RECIPE page 7

3-4 Large Garlic Cloves  
½ Cup Silver Rum (Optional, used for flambéing)

Kitchen Match (Or a lighter)

4 Cups Water

1-½ to 2 Teaspoons Salt

#### Directions:

Soak the dried mushrooms in some sherry and warm water for about half an hour or more. You may want to chop the dried mushrooms a little before soaking, to create smaller pieces—though I kind of like the look of larger chunks of mushroom. Set aside.

In a large, heavy pan, add a little of the olive oil and set the rest aside.

Add the shallots, chopped finely and sauté until they begin to be translucent. Then add the potatoes, cut into small cubes, the rosemary and the garlic.

This step is optional: Add the rum to the pan, with the matches nearby and ready, and then light the rum. This will create a very hot blue flame—so be careful.

Note: I am not responsible for

your irresponsibility if you are not careful while flambéing.

Also, this is probably not really a good idea if you live in a dorm on campus.

Allow this to burn for maybe 30 seconds and then blow the flame out. In my opinion, this adds a lot of flavor and also caramelizes the shallots to perfection.

After blowing out the flame, add the remaining olive oil, the mushrooms and the juice in which they have been soaking, and four cups of water.

Allow this to come to a simmer and then cook for 10-15 minutes or until the potatoes are tender when poked with a fork.

Be sure to taste the broth before seasoning with salt, and then after each small addition of salt. When you think the broth is at the appropriate level of saltiness, it's ready to serve.

I topped the soup with some pecorino romano cheese as well—which added some more interesting flavors, but this is entirely optional. Without it, this soup is vegan and gluten-free.





### Around the Region

Hoping to raise understanding about the severity of the HIV/AIDS epidemic in DC, the health department will be surveying the District's 4,000 private doctors about their awareness of proper screening.

Although many doctors only test for "high risk" patients, D.C. health officials recommend all residents between age 13 and 84 be screened annually for HIV. The best means of

combating the disease, according to officials, is highly regular testing.

In fact, 75 percent of people diagnosed with HIV in 2008 and 2009 had been to a medical provided in the preceding year. That missed diagnosis opportunity fore-

stalled treatment and the patients' awareness of their disease.

The District has the highest rate of HIV/AIDS in the nation, with 2,984 residents per every 100,000 over the age of 12 infected.

-Washington Post

### Around the Nation

A rural Wisconsin man shot his TV and then turned the gun on his wife, but did not shoot



Courtesy of The New York Times

her, after seeing Bristol Palin's dance routines on Dancing with the Stars on Monday night.

Steven Cowan faced a standoff with the SWAT team. The team ultimately talked the 67-year-old out of his home, and his wife remained unharmed. Cowan felt that Palin was not a good answer.

-Chicago Tribune

### Around the World

In Johannesburg, South Africa, a photograph series de-

picting the difficulties of life under apartheid is on display for the first time in its home country. South African

photographer Ernest Cole was sent into exile in 1966 and was able to publish a photo book entitled "House of Bondage" in the U.S.

However, his work was unnoticed back home where his photographs were banned. The photo series now on display depicts wretched conditions for blacks, including humiliating work conditions and children trying to scrape food from an empty pot.

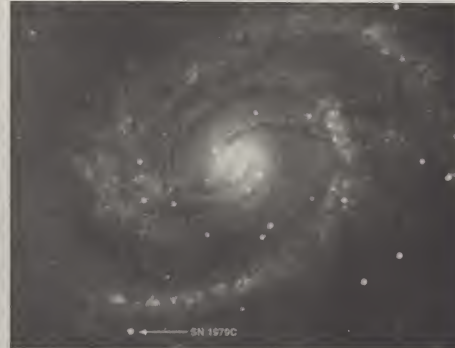
Cole lived on the streets in New York City and died at age

49 in 1990. His photographs were recovered from the Haselblad Foundation in 2006.

-New York Times

### Outside the World

Scientists believe they have witnessed the birth of a black hole for the first time on Monday. The black hole is estimated to be about five times



Courtesy of NASA

## Public Debate Class Argues One-Strike Policy

By PAULINA KOSTUROS  
Staff Writer

The public debate practicum class held a forum to discuss the merits of the one-strike drug policy on campus yesterday, Nov. 17.

The debate was introduced by moderator Thomas Ella, who also spoke with Doug Rissing in favor of keeping the policy, followed by introductory arguments by Jonathan Ross and Andrew Lowdon, who spoke against it. The four are students in a public debate practicum class.

Closing statements were followed by a question-and-answer portion with the audience.

"Eliminating the policy demonstrates an acceptance of illegal drugs," Rissing argued. According to Rissing, the one-strike policy "defines our school and makes it different from other schools."

Lowdon argued against the policy by comparing underage alcohol usage to drug usage.

"Underage alcohol use is illegal and you can't get kicked out for that," Lowdon said.

Ross and Lowdon were in favor of a "case-by-case policy for drugs." This means each

drug case would be evaluated and judged based on the person and the situation, so as not to punish marijuana users as severely as hardcore drug users. They cited James Madison University as an example of a school that has a three-strike policy.

They argued that the one-strike policy creates a culture of fear for drug users. Those who are addicted to drugs cannot seek help for fear of being caught and punished. They argued that eliminating down the one-strike policy would help addicts seek help.

An audience member and former drug addict reaffirmed

the importance of this culture of fear.

Ella argued against this, saying the University will help people who are addicted to drugs seek fair treatment if they come forward.

"If you seek help, university health services will help you. They won't bust you for coming to get help," Ella said.

Ella also argued the one-strike policy prepares students for the real world. However, Ross said the real world is not as extreme as the one-strike policy.

"With marijuana, you get a misdemeanor," Ross said. "People do make mistakes and we

should take the mistakes into account."

The debaters arguing for the policy said that marijuana can lead to chemical addiction. They also asked why the University should create what they said would be a friendlier atmosphere for drug users.

"In comparison to other schools, ours is not that strict," Ella argued.

He cited Virginia Tech as an example of another university that has a zero-tolerance policy and Christopher Newport University as an example of a zero alcohol violation school. Ella also noted some Christian uni-

versities don't even allow tobacco on campus.

In the closing statements, Lowdon argued that they were not proposing an environment where people can openly smoke down campus walk.

"But there is a difference between drugs and alcohol," Lowdon said.

"It's irrelevant to compare [drugs] to alcohol," Ella argued. He and Rissing said alcohol becomes legal at a certain age, while drugs are always illegal.

## Hackers Blocked: UMW Follows IT Regulations

### IT, page 1

password within 24 changes," German said.

"Guest users will be required to complete an online self-registration process. Each self-registration process will be valid for a 24-hour period," according to German's document.

"I can see this being a major source of frustration for students," said senior Cara MacDonald of the new policies.

"It seems very safe, [because] there won't be so many hacks and whatnot," sophomore Britany Lambeth said. "But that's a lot to deal with, especially because you can't rotate. You have

to come up with something brand new."

The regulations may change as time passes.

"We're still ironing out some of the details, so it's possible that there will be some variations and change," German said.



Marie Sicola/Bulletin

Blocks were placed next to the canned food drive to build a "city of food."

## Food Bank Donations Cease due to Theft

### CANS, page 1

"Sometimes one or two things like a jar of peanut butter would go missing, but never on this scale," Kennedy said.

Many students were surprised at the thefts.

"I think it was a little ridiculous," senior Houston Sanders said "It's going to people more

needy than we are."

Junior Kayla Dickhute echoed his sentiment.

"If you can afford to go here, you can afford to buy food," Dickhute said.

Freshman Shatara Downs was one of many students who did not know that the display was a food drive, but doesn't think this justifies the theft.

"[It was] hard to tell that it

was for a food drive but if it wasn't yours, why take it?"

Smith does not plan to press charges if the people responsible for thievery are discovered. The thefts are a violation of the UMW Honor Code.

"I don't think there's any way to discover who did it," Smith said.

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## Campus Dining News

**Helping Hands Across America**



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**Win a Pizza Party**

**Drive Ends November 30**

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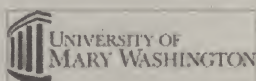
Details at [www.umwdining.com](http://www.umwdining.com)

Bring Donations to The South Market Dining Room, The Eagle's Nest, The Underground Cafe, or The UMW Bookstore

### Upcoming Dining Events

- |                   |  |
|-------------------|--|
| Nov. 22:          | Curb-side Food Collection, 9 AM - 5 PM Outside Seacobeck Hall                      |
| Nov. 22-23:       | Holiday Pie Order Pick-Ups   |
| Nov. 24-28:       | Dining Facilities Closed   |
| Nov. 29:          | Sushi Rolling Demonstration 11:30 AM - 1:30 PM, Seacobeck Hall                     |
| Nov. 30 - Dec. 3: | Kellogg's Prize Promotion Win a Wii System & Game! Eagle's Nest & Underground Cafe |
| Dec. 1:           | Holiday Dinner, 4 PM - 8 PM Seacobeck Hall (Cupcake Bar, too!)                     |

Campus Dining Web Site: [www.umwdining.com](http://www.umwdining.com)  
Join our Facebook Group for special offers! "UMW Dining"



## Eyewitness to the CIVIL RIGHTS REVOLUTION

James Farmer Visiting Professor Lecture Series



7 p.m.  
Thursday, Nov. 18, 2010  
Dodd Auditorium,  
George Washington Hall  
Reception to follow

featuring

### Roger Wilkins

Pulitzer Prize-winning journalist and professor of history at George Mason University

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# Sports

## Fall Sports Seasons Come To a Close

By **NICK NELSON**  
Staff Writer

As the semester ends, the sports teams have begun to look back on the season that was, examining both the strengths and weaknesses of their play and priming for either the spring semester or Fall 2011.

The men's soccer team enjoyed a successful season, finishing 10-6-2 overall and 4-3-1 in Capital Athletic Conference play. They made a run in the conference tournament, beating St. Mary's College 1-0 in the first round, before losing to York College 2-0 in the semifinal round. Seniors Ryan Taibl and T.L. Tutor were both named to the All-Capital Athletic Conference teams. Tutor, with 12 goals and 25 points, was named to the first team, while Taibl's

six goals and 13 points earned him second team honors.

The women's soccer team found a bit more difficulty with their 2010 campaign, with an overall record of 8-6-3 and a conference record of 2-3-2. While they were perseverant through tough competition, the opponent proved to be too strong in the first round of the conference championship, where they were defeated 3-1 by St. Mary's College. The women's team also enjoyed conference recognition, with junior Amy Olson and senior Sarah Tryon being awarded All-Conference honors. Olson was the team's leading scorer with five goals and 13 points and was named to the first team. Tryon notched two goals and two assists and was named to the second team.

The men's and women's cross coun-

try teams worked through another strong fall campaign in 2010, sweeping the first two meets of the season and finishing no worse than eighth throughout the rest of the regular season. The men finished ninth and the women tenth in the NCAA Division III Regional Championships and will head to the National Championships on Nov. 20.

Field hockey enjoyed a 14-8-5-2 season, winning the conference championship 2-0 against Wesley College before losing in the first round of the NCAA Tournament 4-1 against conference rival Salisbury University. Freshman Caitlin Baker was named CAC rookie of the year, as well as a member of the first-team All-CAC squad. Baker was joined on the All-CAC first team by junior Morgan Jones and senior Kristin Haynor. Second team honors were given to junior Erin Duffy and senior Heidi Sheehan. Coach Dana Hall earned CAC Coach of the Year honors for the fifth time in her career after leading her team to a victory in the conference championship game.

The rowing teams also reached a strong finish in 2010. Senior Jessica Pryor was selected to participate in the US Rowing Athlete Identification Camp in Charlottesville, Va. with a chance to qualify for the U-23 or Senior National teams.

The volleyball team finished 19-9 overall and 6-2 in conference, beating Salisbury 3-0 in the conference semifinal before losing to Frostburg State University 3-0 in the



Courtesy of Clint Offen

The men's soccer team went 10-6-2 on the year and won a game in the CAC tournament, but eventually fell in the CAC semifinals.

finals. Freshman Hannah Lawson, sophomore Laura Gomez and juniors Katie Shiflett and Tola Adebajo were named to the All-CAC teams, with Lawson garnering first-team honors as well as a Rookie of the Year selection. UMW led the conference in number of All-CAC selections.

The men's swim team currently sits with a record of 4-2 overall and 2-0 in conference play. The women's team has had an equally impressive season, as after dropping their first meet of the year they have won five straight. The team will look to improve upon their 5-1 record and keep their CAC mark (2-0) spotless going forward. Both teams still have four meets left in the regular sea-

son before the CAC championships take place beginning on Feb. 18.

The men's rugby team rode an undefeated 7-0 regular season to the Ed Lee Cup championship game, where they were defeated by James Madison University. The women's team defeated the College of William & Mary 20-7 to win the Virginia Rugby Union championship and secure the opportunity to host the Mid-Atlantic Rugby Football Union Championships in the spring semester.

The UMW sports teams had another bunch of successful campaigns this fall season, continuing the strong athletic tradition at the university.



Courtesy of Clint Offen

The UMW field hockey team had one of the more successful seasons among the fall sports teams, finishing with a record of 14-8 while winning the CAC Championship.

## Women's Basketball Drops Season Opener to Generals



Courtesy of Clint Offen

Junior Jenna McRae was an All-CAC first team member last year but struggled in the opening night loss to Washington & Lee.

By **SAMANTHA WARRING**  
Staff Writer

The Mary Washington women's basketball team suffered a home loss in their season opener to the Washington and Lee University Generals by a score of 54-49.

Both teams struggled to score early, as the Eagles shot a putrid 13.6 percent from the field in the first half, making just three of 22 attempts. The visiting Generals weren't much better offensively, as they shot just 19 percent from the field in the opening half. Washington & Lee led the defensive slugfest 18-11 at halftime.

"We didn't have enough intensity at the beginning and it was hard to catch back up," UMW freshman guard Sam Partonen said.

Despite the offensive difficulties in the first half, the Eagles were still in the game down just seven points. But UMW's offensive deficiencies continued after intermission and their defense began to falter as well, as Washington

& Lee started the second half on a 9-0 run to push their lead to 27-11.

The Eagles offense picked up as the half went on, and they ended up shooting an impressive 53.6 percent from the field after the break. Junior guard Rachel Martin, who led the team with 23 points on 9-11 shooting, credited the increased tempo with the improved offense.

"We started to push the ball more [in the second half] and play our own style instead of theirs," Martin said. "Sam [Partonen] controlled the tempo of the game."

Mary Washington struggled throughout with turnovers and poor free throw shooting, as the team committed 18 turnovers and shot just 58.3 percent from the charity stripe in the game. The Generals had

a high turnover number as well with 16, but they were extremely efficient in capitalizing on their free throw opportunities, connecting on 86.4 percent of their attempts.

Martin caught fire late in the game, as she made four consecutive three-pointers to close out the game and scored the last 16 points for the Eagles. However, the hole was too big to overcome, as UMW fell to 0-1 on the season with the 54-49 loss.

"[We needed to] pick up defense intensity. We didn't box out, and let them out-rebound us. We didn't get our teammates up, and we turned over the ball too much."

Following a 22-6 season last year, high expectations carried into this season, as the women's basketball team was pre-season ranked 17th among Division III teams by D3hoops.com. The early season loss both disappointed and got the attention of the players.

"It was a reality check," Partonen said. "Coming off the scrimmage, we didn't come off serious enough, and we have to work harder."

This was only the first game of the season, so there is time for the team to work through their difficulties. The Eagles' next chance to correct their mistakes will come tomorrow, Nov. 19, when they travel take on Randolph-Macon College at 6 p.m.

**"It was a reality check. Coming off the scrimmage, we didn't come off serious enough, and we have to work harder."**

- Freshman Sam Partonen

## Fantasy Football Corner

By **ZACH MORETTI**  
Staff Writer

### Start Em:

QB- Mark Sanchez (Jets)  
RB- Ray Rice (Ravens)  
RB- BenJarvus Green-Ellis (Patriots)  
WR- Reggie Wayne (Colts)  
WR- Danny Amendola (Rams)  
TE- Ben Watson (Browns)  
K- Dan Carpenter (Dolphins)  
DEF- Kansas City Chiefs

### Sit Em:

QB- Kyle Orton (Broncos)  
RB- Michael Turner (Falcons)  
RB- Jahvid Best (Lions)  
WR- Anquan Boldin (Ravens)  
WR- Brandon Marshall (Dolphins)  
TE- Greg Olsen (Bears)  
K- Lawrence Tynes (Giants)  
DEF- Seattle Seahawks

### Add Em:

QB- John Kitna (Cowboys)  
RB- Tim Hightower (Cardinals)  
RB- Mike Goodson (Panthers)  
WR- Mike Thomas (Jaguars)  
WR- Mike Williams (Seahawks)  
TE- Rob Gronkowski (Patriots)  
K- Billy Cundiff (Ravens)  
DEF- Miami Dolphins

**Overall Record: 76-68**



# Sports

## Cross Country Seasons End in Memphis

*Men place 9th and women take 10th in NCAA South/Southeast Regional*

By ALLISON KISSELL  
Staff Writer

Last Saturday morning, Nov. 13, the Mary Washington men's and women's cross country teams competed in the NCAA Division III South/Southeast Regional, earning ninth and 10th place respectively. The championship, hosted by Rhodes College in Memphis, Tn., proved a difficult conquest for the UMW Eagles, testing their endurance and determination, skills they had sharpened through the season's training.

Head Coach Stan Soper thought highly of the weekend's competition and was pleased with his team's effort against such stiff competition.

"Outstanding effort from some indi-

viduals. Though not everyone had their best day, some did," Soper said. "No regrets, they've all come very far."

For the men, sophomore Scott Plunkett achieved all-region honors, coming in 22nd place with a time of 26:18 during the men's 8K race. Likewise, senior Sarah Dawes received all-region honors for the women, taking 18th place with a time of 23:05 in the women's 6K race.

Following Plunkett in Mary Washington's top five for the men's 8K race were junior Chris Marino in 41st place at 26:47, sophomore Sean Healy in 54th at 27:02, junior Kyle Anderson in 65th at 27:18, and senior Stephen Harrison placing 81st with a time of 27:33.

The Lady Eagles' top five consisted of Dawes in 18th place, followed by freshman Elizabeth Green in 32nd at 23:25, senior Madalyn Crowell in 62nd at 24:28, junior Dawn Rainbolt in 70th at 24:41, and senior Kristy Witek rounded out the UMW top five by taking 75th place overall with a time of 24:43.

Although the men and women had successful seasons, as both teams placed second in the 2010 Capitol Athletic Conference championships, the teams were slightly dissatisfied with their overall performances in Memphis.

"As a team, we had a solid season," Green said. "We were all somewhat disappointed with the final results at Regionals, but with the tough race conditions, I was proud of everyone's effort."

"We would have liked to have placed higher," Soper said. "The men hoped for a seventh or eighth finish, which was just a few points here or there and the same for the women. But overall, I was pleased with everyone's efforts. They ran well."

Now that the 2010 season has come to a close, the Eagles are already setting new goals for next Fall.

"Next season I think we all have very common goals for the team: winning the conference and qualifying for Nationals," Plunkett said. "Both are definitely a stretch, but we don't graduate any of our top seven, and with a summer of hard work, anything is possible."

In general, the men's team seems to acknowledge their past season as one of rebuilding and to recognize that, in order to improve, they will have to exert serious dedication in the off-season.

"Preparation for the next season for me is all about putting in a lot of miles in the off-season. That's really when the work needs to be done," Healy said. "During the season, Coach Soper dic-



Courtesy of Clint Offen

The men finished ninth in the NCAA South/Southeast Regional meet and the women took 10th. Chris Marino (center) finished in 41st place and was one of eight UMW runners to be named to an All-CAC team.

"During the season, Coach Soper dictates what we do, and he prepares us fantastically for the meets, but it's up to me and the other runners to put in the work when he's not watching."

- Sophomore Sean Healy

tates what we do, and he prepares us fantastically for the meets, but it's up to me and the other runners to put in the work when he's not watching."

As the women will be graduating three seniors this year, the team will be focusing on developing their younger members.

Green said she is excited to start training for next season and she looks forward to the challenges that new year

will present:

"[My goal] will be to continue to increase my speed while working on hills and strength to give our team the best chance to win," Green said.

In addition to the men and women's hard work and preparations, Coach Soper said he hopes for strong incoming classes of freshmen in 2011 to further progress the University of Mary Washington's cross country program.

## Men's Basketball Season Preview

By WESLEY HOST  
Staff Writer

Though the mild weather would suggest otherwise, the calendar sits at mid-November, which means the beginning of the college basketball season. The roster is set and the opening game draws near, as the final basketball season in Goolrick Gymnasium is ready to

get underway.

The men's team returns this year under veteran head coach Rod Wood, but they do not return with star big man Brandon Altmann. The 6'9", first team All-CAC juggernaut and UMW career shot block leader graduated last spring.

Yet Altmann's departure has made room for new and remaining players to step up as the team begins their quest

for a CAC title.

Key returning players include junior forward Tad Dickman (6ppg), sophomore guard Rocky Ullah (5.6ppg) junior guard Ryan Farrar (7ppg), and the lone senior Qaiser Ahmed (6.9ppg).

Joining the Eagles basketball family this year are a pair of freshmen guards, Bradley Reister and Walt Smith, as well as a couple of transfer students in junior guard Mike Harvey and sophomore guard Mike Littlejohn.

The team lost to Gardner-Webb 76-61 in an exhibition match last Saturday, Nov. 13, but Coach Wood said he wasn't necessarily looking at the final score.

"The real outcome is getting better... if we get better every day the wins will come," Wood said. "We played hard and the team is still learning the new system."

With the lack of a dominant big man, the coaching staff has rearranged the offense and defense from a season ago. Last year the Eagles played with two or three men in the post, but this season they are playing without a true center.

Because of their lack of size, the Eagles offense will consist of three guards

and two forwards. They will look to push the ball in an attempt to score more in transition compared to last year's focus on a half-court game. The high tempo style of play will rely on creating turnovers and converting fast break points.

A key to every team is good leadership, but with this being such a young team and it being so early in the season, the team has yet to establish a leadership role.

"[It] Doesn't have to be a senior and doesn't have to be from a starter," Wood said about a team leader. "I just want somebody to step up. [We] need accountability, one who holds others and himself accountable."

Last year's team finished 9-15, leaving them in 7th place in the CAC, one spot out of the playoffs. When asked what the most important game of the season was, Wood responded that he couldn't key in on just one.

"Our most important games are against those six teams [that finished] ahead of us and the two teams behind us...every game is big for us," Wood said. "Beggars can't be choosers."

The team is looking forward to its last

season in Goolrick gymnasium with the advent of the Anderson Center, scheduled to open in May. The team's current practice schedule is chaotic, as practice times range anywhere from 6 a.m. to 9 p.m. on a given day. Not having a set practice schedule is hard on the players who have to adjust their lives accordingly. The Anderson Center will allow for a more organized routine and create a greater stir in prospective athletes.

"It's hard to recruit a kid when his high school gym is better than Goolrick," Wood said.

The team has two road games against St. John Fisher College and Lynchburg College before their home opener against Marymount College on Nov. 23 at 4 p.m.

"Our most important games are against those six teams [that finished] ahead of us and the two teams behind us...every game is big for us. Beggars can't be choosers."

- Head Coach Rod Wood



Courtesy of Clint Offen

Junior Ryan Farrar is one of the key returning players for the men's basketball team, and he'll look to build on a solid sophomore campaign.

### All-CAC Selections

**First Team Selections:** Freshman Caitlin Baker, junior Morgan Jones, senior Kristin Haynor (field hockey), senior T.L. Tutor (men's soccer), junior Amy Olson (women's soccer), freshman Hannah Lawson (volleyball), junior Chris Marino, sophomore Scott Plunkett, and freshman Elizabeth Green (cross country).

**Second Team Selections:** Junior Erin Duffy and senior Heidi Sheehan (field hockey), senior Ryan Taibl (men's soccer), senior Sarah Tryon (women's soccer), junior Katie Shiflett, Tola Adebajo, sophomore Laura Gomez (volleyball), junior Kyle Anderson, senior Stephen Harrison, senior Madalyn Crowell, senior Sarah Dawes, and senior Kristey Witek (cross country).